

Cross Channel Relay on the 21st June 2025

Well done to Alison Ind a Masters swimmer at Hythe, who completed her second channel relay swim on the $21^{\rm st}$ June. Alison was a late replacement for a team member that could not swim in the relay, so had little time to prepare.

On Saturday 21st June 2025, Alison was in a 5 person team and we took 13h 37mins to cross(yet to be confirmed by CS&PF regulators). Summer solstice and sunshine all the way, flattish water but wow, the current off Cap Gris Nez where Alison landed was interesting! However, we had a great welcome on reaching the French beach.

By comparison, my last year's 6 person channel relay in Sept took us 16h 09mins in wind and rain, swell. Waves and chop, and mainly overnight with no moon.

Interested in improving your swimming, Hythe Masters train on Tuesdays and Thursdays at Hythe Pool. All sessions are coached. New members 17yrs+ welcomed.



