

HYTHER AQUA MASTERS AT S.E.REGION GALA



Five master swimmers from Hythe Aqua started their 2019 competitive season by travelling across to the south-east region long course championships at Crawley at the end of January. All of the Hythe swimmers gained at least one medal by finishing in the top three in events in their age group as well as some additional top 5 placings.

Kent's outstanding performance came from Fred Parker who dominated the Breaststroke events in the 70-74yr age group gaining gold medals in the 50, 100 & 200 metres – all in new Kent Long Course record times. Graham Ling also set a new Kent Long Course record time in the 75-79-year age group by finishing second in the 200 metres Freestyle and another silver medal was gained by Tom Richardson in the 60-64 year age group 800m Freestyle. Additional bronze medals were won by Helen Oakes (40-44 year 100m Backstroke), Graham Ling (75-79 year 50m Freestyle & 50m Backstroke) and David Staveley (75-79 year 50m Butterfly).

Well done Hythe Masters