

# Toby Yemm Triathlon Success

On Sunday 9th September Toby Yemm of Hythe Aqua won TrailX Off Road Sprint Triathlon in the beautiful Ashdown Forest.

Toby emerged 3rd out of the 500m swim across two lakes, which was followed by an extremely hilly and challenging 12k mountain bike course where he took the lead finishing with a tough 4K hilly trail run.

Toby won the u18 category but was also the overall winner beating all the adults.

Well done Toby

