

Velocity Events - Team Super Sprint - Lydd Lakes

Sunday 30th September

Toby's last Triathlon of the season was a team event where each of the 3 members swam 300m in a cold lake on a very chilly morning, followed by a 14km bike and 3k run to finish.

Toby was the 2nd team member to go extending their lead over the other 31 teams even further.

The team (Scott Wiseman, Morgan West and Toby Yemm) had an impressive win finishing about 9minutes ahead of the others.
Great end to a great Triathlon season 2018

