

Greg Wood swims the channel for Demelza House



Gregg Wood

Well done to Hythe Aqua Masters swimmer Greg Wood who successfully completed his channel swim late last week in a fantastic 11hrs 51 mins. This makes him the 423rd fastest swimmer out of the 1,406 that have successfully completed the solo crossing. Greg is raising money for Demelza House and has already past his £1,000 target. Make sure he gets there with a donation.

Follow this hyperlink to sponsor Greg:

<http://www.justgiving.com/soloswim> Many thanks for your support.

Demelza House

Opening its doors to the first children in 1998 Demelza is an organisation providing hospice care for over 450 children with life-limiting illnesses and their families across Kent, East Sussex and South London.

Donating through this site is simple, fast and totally secure. It is also the most efficient way to sponsor Greg. Demelza, Hospice Care for Children will receive your money faster and, if you are a UK taxpayer, an extra 28% in tax will be added to your gift at no cost to you.



A few thoughts from Greg below about his swim!

It is something that I will never forget. I only got the swim confirmed at 1pm on Thursday and by 8.30pm I was in the water. "Soon as I found out I was going that day I went home from work and tried to get to sleep. Didn't really happen as just couldn't relax. I did manage to eat quite a lot before I set off which was good. I have never been so nervous in all my life though, didn't say a word all the way to Dover.

When I set off from Shakespeare beach Thursday night there were about 25 people who had come to see me off, and as I set off one my work colleagues had arranged fireworks for me which was fantastic. Really helped me to have positive thoughts as I swam off into the dark.