

## Emily Chambers Excellent Triathlon Results



Emily Chambers

On Saturday (21st May) Emily competed in the Marshman Triathlon races being held at Lydd Watersports. These were adult races organised by Velocity Events and attracted 150 competitors over Olympic and Sprint distances. Emily was entered in the Sprint event that consisted of 40 athletes racing over a course of 750m Swim, 21K Bike and 6K Run. There was a stiff breeze blowing on the day which made the course more challenging, but despite her small size, Emily battled through to finish 17th overall and 1st place in the Female category in a time of 1:30.19s.

The previous weekend (just 6 days after her 15th birthday) she travelled to Buckinghamshire where she raced in the 2016 British Triathlon Age Group Sprint Championships. This was her first ever full distance Sprint Triathlon and despite being the youngest in a large field of very stiff female competition, she finished 72nd overall and 8th in the under 20yrs category in a time of 1:19.06s. Amazingly she was 29th overall out of the water!

Emily would like to send sincere thanks to Tim and the other coaches, and all the Masters swimmers for their help and encouragement. Particularly the guys in the middle lane who are pushing her on to ever faster open water swims! As ever, she is proud to represent Hythe Aqua at all these events and will continue to do so throughout the season.